

## Trainingszeiten Ziegenhain 2022

<i>Tag</i>	<i>Uhrzeit</i>	<i>Platz 1</i>	<i>Platz 2</i>	<i>Platz 3</i>	<i>Platz 4</i>
<b>Montag</b>	14-15		Training Stefan		
	15-17	Training Renata	Training Stefan		
	17-18	Training Renata	Training Stefan		
	18-19		Training Stefan		
	19-20		Training Stefan		
	20-21		Training Stefan		
<b>Dienstag</b>	17-18				
	18-19			Training Herren 40	Training Herren 40
	19-20			Training Herren 40	Training Herren 40
	19-21				
<b>Mittwoch</b>	13-14		Training Stefan		
	14-15		Training Stefan		
	15-16		Training Stefan	Training Helge	
	16-17		Training Stefan	Training Helge	
	17-18		Training Stefan	Training Helge	Training Herren 50
	18-19		Training Stefan	Training Herren 50	Training Herren 50
	19-20		Training Stefan	Training Herren 50	Training Herren 50
	20-21		Training Stefan		
<b>Donnerstag</b>	09-10			Training Herren 70	Training Herren 70
	10-11			Training Herren 70	Training Herren 70
	16-17				
	17-18		Training Damen 50		
	18-19		Training Damen 50	Training Herren 60	Training Herren 60
	19-20			Training Herren 60	Training Herren 60
<b>Freitag</b>	18-19			Training Herren 40	Training Herren 40
	19-20			Training Herren 40	Training Herren 40
<b>Samstag</b>	9-10			Training Leonard	
	10-11	Training Lorenz	Training Stefan	Training Leonard	
	11-12	Training Lorenz	Training Stefan	Training Leonard	
	12-13	Training Lorenz	Training Stefan	Training Leonard	
	13-14	Training Lorenz	Training Stefan		
	14-15		Training Stefan		
	15-16		Training Stefan		
	16-17				
	17-18				
	18-19				

